上海體育大學
SHANGHAI UNIVERSITY OF SPORT

2026 中国乒乓球学院暑期学校招生简章

China Table Tennis College 2026 Summer School

身心一統·兼蓄競攀

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学院介绍 | ABOUT CTTC

上海體育大學 SHANGHAI UNIVERSITY OF SPORT

中国乒乓球学院由上海市人民政府与中国乒乓球协会共建，是全球首所集教学、训练、科研与国际交流为一体的乒乓球专业单项学院。

China Table Tennis College (CTTC), jointly founded by the Shanghai Municipal People's Government and the Chinese Table Tennis Association, is the world's first professional college dedicated exclusively to table tennis, integrating teaching, training, scientific research and international communication.

坐落于上海体育大学，深耕本硕博人才培养，肩负培育优秀青少年乒乓球运动员的使命。

Located at Shanghai University of Sport (SUS), the College offers undergraduate, master and doctoral education, and is committed to the mission of cultivating outstanding young table tennis players.

学院年度暑期学校，以球为桥，助力全球青少年提升乒乓球技战术水平，推动世界乒乓球运动发展，感受中西文化交融之美。

Through its annual Summer School, the College takes table tennis as a bridge to help young participants around the world improve their technical and tactical skills in table tennis, promote the global development of table tennis, and experience the beauty of the exchange between Chinese and Western cultures.

招生对象 | ENROLLMENT TARGET

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全球招募规模**20**人

The Summer School will recruit **20 participants** worldwide.

16-25周岁，外籍青少年运动员、爱好者或体育学专业学生。

Target includes international table tennis athletes, table tennis enthusiasts and students majoring in sports (related to table tennis) aged 16-25.

具备基础乒乓球技能，对中国文化抱有浓厚兴趣。

Applicants should master basic table tennis skills and have a strong interest in Chinese culture.

项目福利 | PROGRAM BENEFITS

上海體育大學 SHANGHAI UNIVERSITY OF SPORT

学院免费提供 | What the College **provides for free**

专业训练场地

Professional Training Venues

全套学习资料

Learning materials

上海市内交通及食宿服务

Local transportation in Shanghai, accommodation and meals

顶尖专业乒乓球训练团队全程指导

A top professional table tennis training team providing guidance throughout the program

时间安排 | SCHEDULE

上海體育大學 SHANGHAI UNIVERSITY OF SPORT

报到日 | Arrival Day

June.28
(Shanghai, China)

正式活动 | Official Program

June.29 - July.27
(Shanghai, China)

离校日 | Departure Day

July.28
(Shanghai Pudong Airport or Shanghai Hongqiao Airport)

核心活动亮点 | Core Activities

- 乒乓球技战术专项训练
  Special training on table tennis techniques and tactics
- 乒乓球文化交流
  Table tennis cultural exchange
- 中国文化体验
  Experiences in Chinese culture
- 校园及城市参观游览
  Guided tours of the campus and the city

主要申请方式 | PRIMARY APPLICATION (Ⅰ)

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01. 在线报名 | Online Registration

登录http://admission.sus.edu.cn/，使用邮箱注册账户
技术问题请咨询：lxs@sus.edu.cn

Visit the application portal at http://admission.sus.edu.cn/ and register an account with a valid email address.

For technical issues please contact lxs@sus.edu.cn

02. 填报申请 | Complete Application

注册后进入申请页面，选择 **Online Application→Shanghai Government Scholarship→General Visiting Student→Shanghai Summer School (3S) Pingpong Program** 填写申请表

After registration, log in to the system and select **Online Application→Shanghai Government Scholarship→General Visiting Student→Shanghai Summer School (3S) Pingpong Program** to complete and submit your application.

次要申请方式 | BACKUP APPLICATION APPROACH (Ⅱ)

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材料提交 | Material Submission

在线上传以下材料，同时将2-3分钟个人乒乓球练习视频发送至邮箱 **summerschoolcttc@163.com**

Upload the required material through the online system. In addition, please email a video of 2-3 minute demonstrating your table tennis practice to the designated email address: **summerschoolcttc@163.com**

- 护照个人信息页复印件
  Copy of passport bio-data page
- 个人证件照
  Personal ID photo
- 学籍/工作证明
  Student status/employment certificate (Chinese/English available, A Chinese or English translation is required for other languages)
- 个人联系方式
  Personal contact information (email + WeChat ID)

关键信息 | Key Information

报名截止日期 | Application Deadline

2026.5.30

咨询联络 | Contact

联系人 Contact：Ms. Zhang
电话 Tel：+86 21 65507060
传真 Fax：+86 21 65507018

注册遇阻帮助 | Help

注册遇阻可发邮件至上述报名邮箱寻求帮助。
Please email summerschoolcttc@163.com for any problems during registration

录取通知 | ADMISSION NOTICE

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结果通知与咨询 | Result Notification

提交申请后一周内，录取结果将发送至报名邮箱；未收到通知可邮件咨询。

The applicant will receive the admission result via the email address used for application within one week of submitting their application. If no notification is received within this period, the applicant can email for an inquiry.

微信群加入 | WeChat Group

录取学员将受邀加入暑期学校微信群，建议提前注册微信账号。

Admitted participants will be invited to join the official Summer School WeChat group, and it is recommended to register a WeChat account in advance.

项目考核与结业证书 |
PROGRAM ASSESSMENT & CERTIFICATE of COMPLETION

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项目考核标准 / Program Assessment

线上提交乒乓球训练视频或照片
Online submission of table tennis training videos/photos

撰写并提交学习报告
Completion of a learning report

出勤率需≥90%，结业前按时提交作业
An attendance rate ≥ 90%, and homework must be submitted on time before the completion of the program

结业证书颁发 / Certificate of Completion

获得证书
完成全部课程与训练计划、缺勤率≤1/3，将获得上海体育大学中国乒乓球学院颁发的官方结业证书。
Participants who complete all courses and training requirements with an absence rate ≤ 1/3 will be awarded **an official certificate issued by CTTC, SUS**.

不予颁发证书
缺勤率超 1/3 者，视为未完成项目，不予颁发证书。
Those with an absence rate exceeding 1/3 would lead to a failure in completing the program and no certificate will be issued.

食宿与生活保障 | ACCOMMODATION & LIVING SUPPORT

上海體育大學 SHANGHAI UNIVERSITY OF SPORT

住宿 | Accommodation

地址 Address

上海市杨浦区清源环路531号 | No.531, Qing Yuanhuan Road, Yangpu District, Shanghai

房间配置 Room Facilities

2人/间，含空调、独立卫浴、洗衣机、烘干机 | 2 persons/room, with air conditioner, private bathroom, washing machine and dryer

费用 Cost

学院全额承担 | Fully covered by the College

餐饮 | Dining

就餐地点 Dining Hall

第二学生食堂 | The 2nd Students' Canteen

就餐时间 Meal Hours

早餐 6:30-9:00 | 午餐 10:30-12:45 | 晚餐 16:30-18:00 | Breakfast 6:30-9:00 | Lunch 10:30-12:45 | Dinner 16:30-18:00

费用 Cost

学院全额承担 | Fully covered by the College

生活协助 | Living Assistance

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手机卡
SIM Card Application

志愿者协助本人持护照到线下门店办理。

Volunteers can assist participants with in-person application at physical service centers with passport.

货币兑换
Currency Exchange

志愿者陪同前往银行办理。

Volunteers can accompany participants to a bank for currency exchange if needed.

医疗保障
Medical Support

配备常见病基础药物，学校统一购买一个月意外伤害保险（中国医保体系内意外伤害可获85% 费用报销，先垫付后凭票据理赔）
Basic medicine for common minor diseases is provided. The University will uniformly purchase **one-month accidental injury insurance** (Under the Chinese medical insurance system, accidental injury expenses may be reimbursed at 85% after advance payment and submission of valid receipts)

紧急联络与注意事项 | EMERGENCY CONTACT & IMPORTANT NOTES

上海體育大學 SHANGHAI UNIVERSITY OF SPORT

紧急联络 | Emergency Contact

Ms. Zhang

紧急联系人 / Emergency Contact

Tel: +86 21 65507060

Fax: +86 21 65507018

集体行动 / Group Action

集体行动，单独外出需向老师请假 | Participants are expected to act in group. Prior permission from the teacher is needed before leaving the campus by oneself.

饮食卫生 / Food Hygiene

注重饮食卫生，不喝生水、不吃路边摊 | Pay attention to food hygiene, avoid drinking untreated water and consuming food from unlicensed street vendors.

财物安全 / Security

妥善保管护照、钱包，少带现金，注意财物安全 | Keep your passport and valuables secure. It is advisable to carry limited cash and remain vigilant regarding personal belongings.

用电安全 / Electrical Safety

安全使用电器，离开房间切断所有电源 | Use electrical appliances safely and switch off all power sources when leaving the room.

夜间安全 / Night Safety

尽量避免深夜外出，活动后返回宿舍 | Participants are advised to avoid going out late at night and to return to their accommodation after daily activities.

双方义务 | OBLIGATIONS of BOTH PARTIES

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申请人保证材料真实、身体健康，弄虚作假自负后果。

The applicant must guarantee the authenticity of all submitted materials and confirm that they are in good health. Any consequences resulted from the practice of fraud shall be borne by the applicant.

学校仅承担教学义务，学员线下自主活动与学校无关。

The University is responsible for academic instruction and program-related activities only. Participants assume full responsibility for any personal activities.

学员参与项目即视为同意权责约定，遵守中国法律及上海体育大学留学生管理规定。

Participation in the program constitutes acceptance of these terms and obligations, as well as agreement to comply with the laws and regulations of the People's Republic of China and the international student regulations of Shanghai University of Sport.